

NEWINGTON HIGH SCHOOL ATHLETICS WINTER SPORT REGISTRATION

Girls Basketball, Ice Hockey & Wrestling begin Monday, November 28, 2022 All other winter sports begin Thursday, December 1, 2022

WHAT DO I NEED TO DO?

> CHECK YOUR ELIGIBILITY

1.) Academic Eligibility:

• Student-athletes must have passed **FOUR (4)** classes that meet every day during the <u>first quarter</u>.

2.) Physical Eligibility:

- For a winter sport, a physical must be from October 28, 2021 or more recent and be on file with the NHS nurse PRIOR TO 12 pm, on November 21st.
- You must use the State of Connecticut Health Assessment Record 'HAR-3 Rev. 4/2012' (blue form) for a
 physical. It is available in the NHS main office, NHS nurses' office, your doctor's office, or on the Newington
 Athletics website.
- The physician must 'check' the box on that blue form that states, "This student may participate fully in athletic activities and competitive sports."

NHS Sport Physicals:

Newington High School offers sport physicals in the nurses' office, if you do not have health insurance or are otherwise unable to get a physical from your own provider. Student <u>must</u> have written parent permission with them the day of the physical in order for it to be performed.

- Physical Date: November 15th
- Students must sign up in the nurses' office by November 8th.

I AM ELIGIBLE, WHAT'S NEXT?

> ALL 3 ITEMS BELOW MUST BE COMPLETED BETWEEN NOVEMBER 1-21, 2022

1.) ONLINE REGISTRATION!

- Visit <u>www.newingtonathletics.com</u> and click on the "Registration" tab at the top.
- Click on "Winter Sport Online Registration", which will direct you to the online registration.
- The online registration is complete when you click the blue "Submit" button on the last page.
- Any registrations received after 12 pm, on November 21st will result in a late start.
- Registration status can be found under the "Forms" tab on www.newingtonathletics.com

2.) Physical:

• To be eligible, student athletes must have a valid physical **on file with the NHS nurses' office** dated after October 28, 2021 by 12 pm, on November 21st.

3.) Participation Fee:

- A check for \$100.00* (One hundred dollars) made payable to: Newington Athletic Fund.
 - *Ice Hockey requires a \$550.00 (five hundred fifty dollars) participation fee.
- Must be turned in to the Athletic Office, Room 120 by 12 pm, on November 21st to start on time. **Fees** turned in after the deadline will result in a late start.
- If student does not appear on regular season roster, checks will be shredded.
- Checks will be deposited after the first day of competition.

Please see reverse side of this paper for information on pre-season sport meetings held by each coach. If you have any questions or concerns, feel free to visit or call the athletic office (860)666-5611 x1620.

Newington High School Athletic Teams 2022 - 2023 School Year

Winter Season

Girls Basketball, Ice Hockey & Wrestling begin Monday, November 28, 2022 All Other Winter Sports begin, December 1, 2022

Sport	Coach's Name	Contact Information	Preseason Meeting Date	Time	Location
Basketball - Boys*	Mr. Scot Wenzel	wenzels@plainvilleschools.org	Thursday, October 27 th	2:40 p.m.	Gym – South Side
Basketball - Girls*	Mr. Marc Tancredi	mtancredi4@gmail.com	Wednesday, October 26th	2:40 p.m.	Room 318
Ice Hockey	Mr. David Harackiewicz	harackiewicz@ccsu.edu	Wednesday, October 26 th	7:00 p.m.	Email coach for Zoom information
Indoor Track - Boys & Girls	Mrs. Jen Deschenes-Emord	jen.deschenes@gmail.com	Wednesday, October 26 th	3:15 p.m.	Gym
Swimming & Diving - Boys	Ms. Crystal Connery	cconnery13@gmail.com	Wednesday, October 26 th	3:30 p.m.	Pool Deck
Wrestling	Mr. Tony Nguyen	nguyt001@hartfordschools.org	Wednesday, October 26 th	4:30 p.m.	Gym
Cheerleading	Ms. Nina Bartone	ninabartone47@yahoo.com	Wednesday, October 26 th	6:00 pm	Cafe

^{*} Teams that offer a ninth-grade (freshman) program